

FRONTIGNAN-PLAGE TOURIST OFFICE tourist offices and information points

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Frontignan lies between the Mediterranean sea and the Gardiole massif, between Sète and Montpellier, an exceptional environment which offers a complete range of activities for all the family; beaches, hills, sea, lakes, vineyards...

Frontignan has a beautiful coastline with 7 kilometres of protected beaches, splendid lakes offering a haven of natural flora and fauna, 12 kilometres of bicycle paths situated between the sea and the lakes.

To the north of Frontignan, the Gardiole hills, a vast protected natural parkland which spreads over 5,000 hectares with a mass of hiking trails, hidden ravines, and oak and olive trees. The hills offer unique views of the Mediterranean coastline.



Location : On the outskirts, Pays de Thau

Languages spoken : English - German - Spanish - Italian