

APHYLLANTHE RANDONNEE land sports

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Local native and certified Mountain Leader, Laure offers original guided and commented hikes. Discover forgotten treasures throughout the most beautiful sites in the region. Ancient paths, old traditional stone constructions, historical heritage, geology, wildlife and stars observation, flora, photos, exceptional views, prehistory, underground curiosities, vines, olive trees and garrigue scents.

Meet with nature: deer below, transhumance, mouflons, wild salads, sunset, snowshoe hikes.

Follow thematics: the Cathars, St Jacques de Compostela, the southern abbeys, Roman roads.

On-demand tailored formulas for half day, full day, weekend or several days long hikes. Group management.

Share moments of conviviality while discovering the natural environment and its biodiversity.

Feel the excitement in Mediterranean landscapes!



Location : On the outskirts, Pays de Thau

Languages spoken : English

Sports and Prices

Land sports :

- hiking
- orienteering
- urban hiking
- aquatic hiking
- snowshoeing

Location :

- Pézenas Val d'Hérault

- Salagou / Clermontais
- Hérault gorges
- Lodévois / Larzac
- Cévennes / Pic Saint Loup
- Haut Languedoc
- Béziers / Canal du Midi
- Minervois
- Pays de Thau
- Vineyards
- Cathar country
- Gorges of Tarn and Jonte

Prices :

From 120€ for half day and 200€ for full day from 10 people

Conditions

Groups : min. 4 pers.

Group bookings : recommended

Age min. : 7 years

Level : beginner and experienced

Classic hiking equipment (walking shoes, sunscreen, water...) is recommended

Affiliations

Regional accreditation

Association : OCCIGENE

Others : SNAM