

LES HALLES SOLANID RESTAURANT Bistronomy cooking

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Enjoy eating out without breaking the bank with dishes where each ingredient is chosen for both its taste and its nutritional virtues - getting rid of bad fats (selecting foods rich in omega 3) and unnecessary sugars, using spices and herbs instead of salt, bringing vegetable proteins (cereals and legumes provide a good source of antioxidants) back into fashion and making the most of seasonal fruit and vegetables. Our restaurant in Sète offers a menu put together by the kitchen and dietetic staff along with micro-nutritionist Doctor Dominique Bourgoïn.

Restaurant of the 3-star Port Marine hotel.



Chain : ROUSSILL'HOTEL

Location : In the town centre, Pays de Thau

Languages spoken : English - German - Spanish - Italian

Prices

Prices : group set menus from **22 €** per person (excluding wine and coffee)
1 free for every **20** paying

covered seating for **20** (interior and covered terrace), outdoor seating for **12**

Facilities / Services

- coach parking
- picnic hampers on request
- independant and equipped meeting rooms